



January 2020

Elyros is dedicated to bringing you sustainable produce. Our meats are free-range & grass fed, our greens foraged or locally farmed and our seafood fresh at its best. We only use extra virgin olive oil from Crete, a staple in the Cretan diet. The passionate Cretans find nothing more valuable in life than to share a meal at the table.

Cretan Sharing Menu

MANTINADA

Tasting menu with shared dishes. A journey through Crete with the food of Elyros.

Four courses 58pp

Premium four courses 70pp

Let us look after you.

MENU

House marinated Greek olives	7
Fava - warm yellow split pea puree, shallot & capers	9
Taramosalata - white cod roe dip	9
Toursi - pickled vegetables, white bean skorthalia	10
Kalitsounia Cretan pies - sheep & goat's cheese	4.5ea
- wild greens	4.5ea
Octopus - pickled grapes & petimezi	20
Lakertha - cured fish, heirloom cucumber & goat's yoghurt	18
Apakia - vinegar cured pork, dried fruit & pickled onion stifatho	16
Staka - velvety goat's cheese served warm, soft egg, garden herbs	18
Cretan Salad - heirloom tomatoes, feta & Cretan barley rusks	18
Fasolakia - green beans, pickled green tomato & almonds	18
'Anithorizo' - Greek rice, dill, spinach & myzithra	19
Balmain bug gemisto - stuffed, black rice & bisque	22 ea
Kolokithi kleftiko - baked zucchini, goat's curd & walnut	32
Market fish 'plaki' - bullhorn peppers, gigantes & parsley	38
Chicken 'arakas' - peas & Jerusalem artichoke	37
Lamb - slow cooked, bulbs & oregano	46
Wild leaves, carob vinaigrette & walnuts	10
Patates - lamb fat & rosemary salt	12
Horta - our daily greens, lemon & olive oil	12
Maroulosalata - cos lettuce, sheep's yoghurt & charred alliums	10

SWEETS

14

Revani - almond syrup cake, stonefruit & peach sorbet	
Risogalo - strawberry, sage & almond rice pudding	
Bougatsa	17
Flaky pastry with semolina custard	
Cheese	18
Cretan style cheese selection	

SPEND WITH THEM

OUR BUSHFIRE RELIEF STRATEGY

We are saddened by the recent fires all throughout our country. We decided to help by procuring produce from and around fire affected rural areas of Victoria and N.S.W. More than ever this financial help to local communities is needed with farmers and suppliers also suffering from lost income.

Every item on our menu has the potential to give back hope and dignity.

Support us in our effort by dining with us, please.